

**KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE
ADMINISTRATIVE BOARD**

REGULAR MEETING

THURSDAY, OCTOBER 11, 2001

Members Present: Nancy Code, Jim Harbaugh, Bob Seidensticker, Scott Strawn (awaiting Council confirmation)

Members Excused: : Joan Clement, Linda Brown (awaiting Council confirmation), Joyce Proudlock, Yasmin Smith, Keith Williams

Staff Attending: Walt Adam, Mike Elsner, Sherry Hamilton, Jackie MacLean, Rhoda Naguit, Patrick Vanzo

Guests Present: Pam Darby, Harvey Funai, Edie Henderson, Ellen Silverman, State Division of Alcohol and Substance Abuse; Tammy Dow, Alcohol-Drug Help Line; Allen Hume, Seattle Mental Health; Jane Kennedy, TASC of King County; Pat Knox, Recovery Centers of King County; Kim Murillo, Stonewall Recovery Services, Rib Nussli, Salvation Army ARC; Al Sweeten, Seattle Indian Health Board

The regular board meeting of the King County Alcoholism and Substance Abuse Administrative Board (KCASAAB) was convened at the Conference Room of the Dutch Shisler Sobering Center, 1930 Boren Avenue in Seattle. Board member Bob Seidensticker called the meeting to order at 12:10 p.m., in lieu of Chairman Harbaugh who was running late due to his participation in the interview panel for hiring a permanent Manager for Mental Health, Chemical Abuse and Dependency Services Division.

I. INTRODUCTION

Everyone was asked to introduce himself/herself.

II. REVIEW/APPROVAL OF MINUTES

The minutes of September 13, 2001 regular board meeting and the September 18 and 25, 2001 planning retreat were not reviewed and approved due to lack of quorum.

III. CHAIRMAN'S REPORT

Chairman Harbaugh arrived together with Patrick, Jackie, and Mike who are part of the Interview panel for hiring of MHCADSD Manager.

A. Report on Board Planning Retreat

Before Chairman Harbaugh proceeded with his report, he informed the Board that Joan Clement could not be at the meeting due to a fall she suffered in the vicinity of Antioch University where she attended a System Integration Advisory Council's (SIAC) meeting

yesterday. The fall caused some bruises on her face. Rhoda will send a "Get Well" card to Joan on behalf of the board.

The board held two separate planning retreats on September 18 and 25, 2001 from 4:30 p.m. to past 8:00 p.m. at the Dutch Shisler Sobering Center, 1930 Boren Avenue in Seattle.

Chairman Harbaugh gave a brief summary report of what transpired at the board planning retreats. Sharon Toquinto, AOD Prevention Manager, gave an update on Alcohol and Other Drug Prevention programs. Sherry Hamilton presented a list of proposed legislative priorities for Mental Health and Substance Abuse in 2002, which the Board approved. The Board reviewed CHAT Proviso Response and discussed alternatives in the event CHAT closes. They also reviewed their role as required by RCW 70.96A.30, and discussed future activities.

B. Legislative Forum Update

Sherry Hamilton discussed the following Legislative Priorities for Mental Health and Substance Abuse in 2002:

- **Revise Mental Health Funding Distribution Formula.** The Division has invested heavily in the prevalence study. Hopefully the Legislature will re-visit the funding formula for mental health next year.
- **Fund Community-Based Alcohol/Drug Abuse Treatment.** It is important to remind the Legislature that chemical dependency residential service treatment is significantly underfunded. Historically, Chemical dependency is underfunded. The lack of available treatment beds will definitely impact other state and county assisted services, which include detoxification facilities, mental health centers, emergency rooms, jails, prisons, and courts.
- **Support Alcohol/Drug Treatment as an alternative to incarceration.** Geoff and Patrick are working on a briefing paper. There is a need to address the increasing costs of incarceration through sentencing reform and creating treatment alternative for the nearly 60% of the jail population that need CD treatment.
- **Propose legislation to reduce the cost of prescription drugs.** The State Legislature should address the soaring cost of prescription drugs for publicly funded mental health and substance abuse clients. We will urge the legislators to initiate legislation that will compel companies to reduce the high costs of prescribed drugs in our state. Based on studies conducted by the Washington Health Care Authority and others, the costs of prescription drugs sold in the country are significantly higher than the cost for the same drugs across the border in Canada.

Each of the above items will have a two-page fact sheet.

The Joint Legislative Team will meet again on Thursday, October 25, 2001 at 4-5:30 p.m. at the Conference Room 6A of the Exchange Building, 6th floor to discuss details of the

presentation of the four legislative priorities, select speakers, and brainstorm on how to get legislators to attend. These legislative priorities will be presented at the Legislative Forum to be held on November 27, 2001 at 7:00 p.m.

C. Board Membership Update

Rhoda reported that the Law, Justice and Human Services Committee has approved the re-appointment of Nancy Code to the board for another three-year term. Ditto with Linda Brown's appointment. Their appointments will be forwarded to the King County Council for confirmation.

The City of Seattle has nominated Scott Strawn for board appointment. Last week, the King County Executive Review Team has approved his appointment for board membership. This will be forwarded to the King County Council for confirmation.

Rhoda appealed to the attendees and guests to assist the board in recruiting members, that will represent the ethnic, racial and cultural diversity of our county.

D. Change of Meeting Schedule

At the September 25, 2001 board planning retreat, Yasmin Smith informed the board that she has enrolled at the University of Washington for graduate study. Her school schedule will prevent her from attending the regular board meeting. She expressed her desire to continue to serve on the board. She explored the possibility of getting the board members to agree to change the meeting schedule from second Thursday to second Tuesday of the month so she could continue her term of service as board member. Board members present said "Yes" to the request. Rhoda will pool members who were absent.

Rhoda reported that she called the rest of the board members and got a 100% approval to hold the regular board meeting to second Tuesday of the month effective November 13, 2001.

IV. **MANAGER'S REPORT**

A. Search for MHCADSD Manager

Jackie MacLean reported that the interview with applicants for MHCADSD Manager position is in progress. The panel is on lunch break from 12 noon to 1:30pm. The interviews will resume right after lunch until 4:30pm. There is no timeline set by the Department Director, Barbara Gletne, as to when the name of the successful applicant will be released. The candidates are: two from out-of-state, one local, and one in-house.

B. CHAT Proviso Update

The King County Council required the Department of Community and Human Services to submit a proviso report addressing CHAT's budget deficit and its recommendation on how to resolve this long-standing deficit of the program facility. The Division spent some agonizing months trying to come up with some viable options to maintain the operations at Cedar Hills. The initial draft contained nine options, then went down to two options. But as the final report was developed, it was evident that there is no sustainable base of funding sufficient to correct the expenses of operating CHAT. Two weeks ago, DCHS-MHCADSD regrettably submitted its recommendation to the County Executive to discontinue operations at Cedar Hills effective June 30, 2002.

Jackie hastened to explain that this decision is not a negative reflection on the facility or the staff in any way. The recommendation is solely based on the fact that the facility has been operating at a deficit of \$2M per year for several years now, and the Department is unable to develop any solutions to change the trend.

Jackie met with CHAT staff this week to thank the staff for their service and to assure them that the Division will be working with union representatives and OHRM to assist them in finding possible placement within the County.

King County will negotiate with State DASA to retain the bed capacity in the County and to continue serving the challenging clients that in past were treated at CHAT.

C. Report on COD Training

Patrick reported that the Department of Community and Human Services, Mental Health, Chemical Abuse and Dependency Services Division hosted a whole-day co-occurring disorder training. He thanked Harvey Funai for being instrumental in securing financial support from State Division of Alcohol and Substance Abuse for the training. These jointly sponsored 9 mini-workshops free of charge were held on October 3, 2001 at the University of Washington's Center for Urban Horticulture. The workshops were arranged in 45-minute formats over a three-hour schedule with three sessions offered simultaneously. At least 150 persons registered and attended the training.

Those attending could opt to receive up to three hours of continuing education credit for their participation and most attendees did so. Topics such as PTSD as a component of addiction and mental illness; treatment of the mentally ill in the criminal justice system; and reaching out to hard to serve homeless populations were offered. The formal and informal feedback from participants was that they appreciated the training and wanted more. DCHS and MHCADSD guided by the Providers Services Integration Demonstration Project Committee will complete a formal review of the training and determine the next logical steps.

Following the training was the Exemplary Service Award Ceremony, which Jackie MacLean convened at 5:00 p.m.. It was a very uplifting event.

Honorees were

- **Chalin Pahn** - Advocacy, case manager at Asian Counseling and Referral Services;
- **Bridgeway Recovery Program** at Community Psychiatric Clinic – Systems Integration
- **Capacidad Project** at Consejo Counseling and Referral Service - Service Integration
- **Dialectical Behavior Therapy Program** at Harborview Mental Health Services - Direct Service.

A sad note: Jane Peabody, a Chemical Dependency Professional at North Rehabilitation Facility, was found dead in her residence during the weekend. Her supervisor discovered her dead body when he went to check on her due to her failure to show up at work for several days. Her demise is a great loss for all of us including our clients.

In honor of Jane Peabody, there will be a memorial service at NRF in the Gymnasium on Friday, October 12th at 2:15 PM. This service will be for any staff or residents that would like to attend. The interment is scheduled for Saturday, October 13th at 1:00 PM at Plymouth Congregational Church, 1217 6th Avenue, Seattle, WA 98101.

Jane's family has asked that, in lieu of flowers, donations be sent in Jane's name to Oxford House of Washington, c/o Tom Dugan, 4134 SW Frontenac, Seattle, WA. 98136. The next women's Oxford house to open will be called "The Jane Peabody House."

V. DAY REPORTING PRESENTATION

Copies of "Continuum of Alternative Sanctions for King County: The Role of a Day Reporting Center in Reducing Recidivism and Jail Bed Utilization" were distributed.

At the beginning of his report, Patrick stated that community is best served when populations in need of incarceration and/or treatment have a wide range of both community-based and facility based institutional alternatives and a continuum of treatment and supportive services without significant gaps or barriers to access.

King County is faced with an unprecedented budget shortfall in the 2002 budget. In order to continue doing county's business, the County has to find efficient alternatives to incarceration and a continuum of treatment and supportive services without significant gaps or barriers to access.

A study of successful Day Reporting Centers was conducted. King County checked out the San Francisco, California model and another one in Portland, Oregon. The day reporting ranges from once a month, bi-weekly, or five days a week for methadone clients.

The Consulting Team made a recommendation to King County Executive and other stakeholders to establish a Day Reporting Center for offenders who can benefit from services sanctioned in King County. This recommendation is not at all intended to sabotage, replace or eliminate the existing North Rehabilitation Facility. Day Reporting Center is aimed to provide effective alternatives to incarceration for persons experiencing chemical dependency and/or mental illness. No action for this program is expected for 2002. If approved, it will be on line by 2003. It could be an offset to the correction budget.

A question was asked about the status of NRF. Patrick responded that NRF is funded up to 2002. It will be re-visited after 2002 to determine the continuation of its operation. For 2002, there will be a cut down in beds due to closure of two buildings.

VI. RECENT DRUG ABUSE TRENDS REPORT

The interview panel composed of KCASAAB Chair Harbaugh, Patrick, Jackie and Mike, asked to be excused to return to Exchange Building to continue their interview with the remaining candidates for MHCADSD Manager position.

Copies of the "Recent Drug Abuse Trends in Seattle-King County Area, June 2001 issue" were handed out to all attendees. Also copies for Powerpoint presentation.

Ellen Silverman, Planning and Policy Specialist of State Division of Alcohol and Substance Abuse, gave a brief background of the development of Drug Trend Report and its goal. Ron Jackson, Executive Director of Evergreen Treatment Services, has been convening this report. Recently, this responsibility has been given to Ellen. Ellen would like to expand the report to include alcohol, tobacco, and pharmaceuticals statewide.

Ellen stated that the purpose of her presentation today is to share the report and to seek volunteers to participate in sharing information. Each participant will have access to database.

Ellen emphasized that the Trends Report is not a scientific report, but may serve as an indicator of drug use trends.

She expressed her availability to make another report in January 2002 if the Board invites her again.

VII. AGENCIES AND OTHER CONCERNS

There were concerns expressed about the closure of CHAT. How are we going to continue providing services for this special population and are we able to retain the residential treatment beds in King County?

Rhoda responded that these concerns were addressed in the letter sent by KCASAAB Chairman Harbaugh. He recommended that contingency plans include the negotiation with DASA of the retention of the residential treatment beds in King County and the maintenance of services for very complex clients in King County.

Copies of DSHS News, September 20, 2001 issue, were distributed. This particular issue of DSHS News contains the result of the first Statewide Study on patients receiving quality drug treatment in Washington. Harvey stated that the purpose of the survey was to assess patient's perception of the quality of alcohol and other treatment services they receive. DSHS will use the survey information to improve treatment services in the state. Next year, the survey will be expanded to include adolescents and Spanish speaking patients.

Gary Reynolds, a valuable State DASA employee for many years, passed away about midnight of Saturday, October 6, 2001, after his two-year battle with brain cancer. He died at home. A memorial service is scheduled on Saturday, October 20, at 2:00 p.m. at the Unity Church of Olympia, 1335 Fern St SW.

There being no further business, the meeting was adjourned at 1:33 p.m.

Prepared by:

Attested by:

Rhoda A. Naguit
Recording Secretary

Jim Harbaugh
Board Chairman